

# Welcome! The Solemnity of the Most Holy Body & Blood of Christ (Corpus Christi)

June 7, 2026

Mass Schedule for St. John the Baptist Parish, St. Bridget Parish, and Sacred Heart Parish ~ June 7<sup>th</sup> - 14<sup>th</sup>

| (FIRST) Saturday June 6  |         |   |
|--|---------|---|
| SJ   | 9:00am  | Gary Smith ~ Nina Stewart   |
| SJ   | 5:00pm  | Mass for the People of the Parish   |
| SVDP   | 5:00pm  | Ted Blank ~ Michael Blank   |
| Sunday June 7 ~ The Solemnity of the Most Holy Body & Blood of Christ (Corpus Christi) |         |   |
| SJ   | 9:00am  | Jayden Dowdall ~ Jason, Julie, & Justin Dowdall   |
| SHP  | 9:00am  | Dan Keane ~ Keane Family  |
| SB   | 11:00am | Theresa Phillips ~ Jean McShane   |
| SJ   | 11:00am | Joe McEachern ~ Knights of Columbus 4 <sup>th</sup> Degree Assembly #2783, Smiths Falls |
| Monday June 8  |         |   |
| SJ   | 8:30am  | Prayer for the Sick & Suffering   |
| Tuesday June 9   |         |   |
| SB   | 9:00am  | Frances Murphy ~ Elaine Cavalier  |
| SJHS   | 9:30am  | Jayden Dowdall ~ Jason, Julie, & Justin Dowdall   |
| SJ   | 4:30pm  | Edie Cordick ~ Don & Cathy Pennett  |
| Wednesday June 10  |         |   |
| SJ   | 9:00am  | Gar & Sonia Alexanian ~ Bernie De Francesco   |
| LL   | 10:00am | Lanark Lodge Mass   |
| Thursday June 11 ~ St. Barnabas  |         |   |
| SHP  | 9:00am  | Mr. Gilles Proulx ~ Sylvie Bozozuk  |
| SJ   | 12:00pm | Joe McEachern ~ Kathy Tysick  |
| Friday June 12 ~ The Most Sacred Heart of Jesus  |         |   |
| SJ   | 8:30am  | Prayer for the Sick & Suffering   |
| SJ   | 9:00am  | Norma Cordick ~ Jim Cordick   |
| SJ   | 9:30am  | Holy Adoration & Benediction  |
| Saturday June 13 ~ The Immaculate Heart of the Blessed Virgin Mary                     |         |   |
| SJ   | 5:00pm  | In thanks to St. Jude ~ Bonnie Switzer  |
| SVDP   | 5:00pm  | Mabel & Jack Noonan ~ Kim Noonan  |
| Sunday June 14   |         |   |
| SJ   | 9:00am  | Pierrette Poulin ~ Jacques Poulin   |
| SHP  | 9:00am  | Int. of Doris Quinn ~ Karen Armstrong   |
| SB   | 11:00am | Paul McShane ~ Jean McShane   |
| SJ   | 11:00am | Mass for the People of the Parish   |

## SACRAMENTS

### Baptismal Congratulations!

We welcome **Sully Casey, Jane Mullally, & Boden Crosby** into the Catholic Church through Baptism this weekend. We congratulate their parents and commend them for their commitment to raising their children in the Catholic faith. May God abundantly bless their families!

## PARISH FEATURE & FOCUS

### Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

Corpus Christi is the solemn feast dedicated specifically to celebrating and honoring the **Real Presence** of Jesus Christ in the Holy Eucharist, meaning **His Body, Blood, Soul, and Divinity**.

In the first reading, Moses tells Israel: "Remember... the Lord fed you with manna... to make you understand that one does not live by bread alone" (Deut. 8:2-3). God was teaching His people that hunger is not only physical. **Beneath our schedules, successes, and struggles, there is a deeper hunger: to be loved, to be forgiven, to be strengthened, and to be brought home.**

Jesus answers that hunger in the Gospel with words that startled His listeners and still stretch us today: "I am the living bread that came down from heaven... whoever eats this bread will live forever" (Jn 6:51).

**I want us to notice that Jesus does not merely give advice. Jesus gives Himself.**

At every Eucharist, Christ does not say, "Remember my ideas." Jesus says, "**Take and eat.**" The One who multiplied loaves now becomes our food. The Creator enters creation and places Himself into our hands.

**St. Paul deepens this mystery:** "Because there is one bread, we who are many are one body" (1 Cor 10:17). The Eucharist is never a private spirituality. **We receive one Lord and become one people. The altar must shape how we speak at home, how we forgive in our families, how we welcome strangers, and how we love those who are difficult.**

**A gentle test of our Eucharistic faith is this:** after receiving Christ, **do we become a little more like Christ?**

**Today Jesus still says:** "You do not have to survive on scraps of hope. Come and receive My life."

**And perhaps the greatest miracle of Corpus Christi is not that bread becomes Christ but that by receiving Christ, ordinary people like us, slowly become His presence in the world. Do you want to ...?**

## PRAYERS

Please remember the sick in your prayers, including Maureen Czop, Jeannette Olivier, Marjorie Facette, Claudette Timmerman, Mary Rorwick, Susan Beaudoin Watson, Barbara Morrison, Pascal Proulx, Kim Lapointe, Camille Bozozuk, Christiana Enyinnia, & Anne Nagle. **Please remember those who have recently died** in your prayers, especially Joan Killeen, Gisela Seidenbusch, & Dennis Villeneuve. Jesus, I trust in You.

**In need of prayer?** Connect with our strong prayer warriors, Father Charles, Father Anthony, or one of our Parish Prayer teams through the Parish Office (for St John's Pastoral Care, CWL, or KOC Prayer group). Jesus, I trust in You.



## June is the month of the Sacred Heart of Jesus

Prayer for the 1st week of June

For all children

Loving Jesus, in this month of June, may your Sacred Heart espouse all children, drawing them closer to your heart, and granting them all the graces to realize their unique places as children of God in their homes and in their family of God. Most Sacred Heart of Jesus, have mercy on us and on the whole world. *Amen*

## UPCOMING EVENTS

✦ **Foy Hall Garage Sale: Now open for 2026!** Fridays & Saturdays from 10am - 2:30pm! 91 Princess St. in Lanark. Come check out new items at great prices! Hope to see you there!

\*\*\*Please note, 2 volunteers are needed to work at the sale one weekend per month. If anyone is interested, please see Louise Vachon or Eadie LaFreniere, or call the parish office.\*\*\*

✦ **Annual CWL Potluck: Monday, June 8<sup>th</sup>** at Theresa Kirkham's cottage. Come join us for great food and socializing. The invitation is opened to Perth, Lanark and Stanleyville. Perhaps you are interested in the CWL, come meet us at the Potluck! If you need a ride, call Colleen or be at the church parking lot before 5:30pm.

✦ **SAVE THE DATE! St. John's Annual Parish BBQ:** \*This year, we commemorate the 200<sup>th</sup> Anniversary celebration of the Archdiocese of Kingston\* Join us on **Sunday, June 14<sup>th</sup>, following the 11am Mass**, for an afternoon of great food, fellowship, and fun as we gather with our parish family and our brothers and sisters from Sacred Heart Church, St. Bridget's Church, and St. Vincent de Paul Church! If you enjoy baking, we warmly invite you to bring along a favourite dessert or homemade treat to share. Not a baker? Feel free to bring along a favourite snack to share as well! All contributions are most welcome and appreciated, though your presence is what matters most. We look forward to seeing everyone there!

✦ **"Change for Life" Birthright Fundraiser:** Please return the bottles on Father's Day weekend (June 20,21). All proceeds support our work to help any woman who is facing an unplanned or difficult pregnancy plan for her future with her child. Thank you in advance and may God bless you for your generous support.

✦ **Knights of Columbus Fundraising Dance:**



Friday, June 26<sup>th</sup>, at BVM Hall in Stanleyville. Doors open at 7pm! Music 8-11pm. Cash Bar, BBQ hamburgers & sausages \$8. **Get your tickets from one of our Knights or in the parish office. See posters!**

✦ **2026 Seminarians Dinner - Celebrate our Seminarians:** Sunday, July 12, 2026. Join us for a 4-course Supreme Chicken Dinner hosted by the Knights of Columbus of the Archdiocese of Kingston in order to provide financial support towards the training of Seminarians and funds direct to each seminarian to help defray their annual costs. See posters for more information.

✦ **8th Annual Rideau Canal Men's Retreat:** Tues. - Thur., August 4-6, 2026. Cost: \$100. For Catholic men 18 years and older (plus teenage sons with their fathers). Travelling by canoe, kayak or pontoon boat from Seeley's Bay to Upper Rideau Lake, with overnight tenting at Davis Lock and along McNally's Bay. Canoes and paddles supplied, along with meals. Daily Mass, Rosary, etc. Information: frbrianmcnally@gmail.com (613-464-2908) Registration: hart.daniel64@gmail.com (613-899-9514) or rrmiron2019@gmail.com (613-218-6497).

✦ **Archdiocese of Kingston 200th Anniversary Pilgrimage to the Holy Land:** Join Fr. Justin and Fr. Price on a faith-filled pilgrimage to the Holy Land from October 5-15, 2026. Please see the itinerary in the church and this week's Flocknote.

## ANNOUNCEMENTS

### Submit Your Reflection!

As we celebrate the 200th anniversary of the Archdiocese of Kingston, we reflect on the incredible gift of faith and our inheritance as Children of God. The faithful of the Archdiocese of Kingston are invited to share brief testimonies or reflections on **what it means to know Christ and the power of His resurrection**. These reflections can be as short as fifty words or as long as five hundred words. It is a beautiful way to witness to your faith and share your journey with others. All submissions will be subject to light editing and may be shared in a future diocesan publication. Reflections/testimonies can be emailed to

[communications@archkingston.ca](mailto:communications@archkingston.ca) before **July 15, 2026**.