

Mass Schedule for St. John the Baptist Parish, St. Bridget Parish, and Sacred Heart Parish ~ March 29th - April 5th

| Saturday March 28 | | |
|---------------------------------------------------------------|---------|----------------------------------------------|
| SJ | 5:00pm | Mass for the People of the Parish |
| ~ HOLY WEEK BEGINS ~ | | |
| Sunday March 29 ~ Palm Sunday of the Passion of the Lord | | |
| SJ | 9:00am | Joe & Fran Publow ~ Publow Family |
| SHP | 9:00am | Alice T. Noonan ~ Don & Dianne Adam |
| SB | 10:30am | ~Stations of the Cross~ |
| SB | 11:00am | Paul McShane ~ Jean McShane |
| SJ | 11:00am | Chris MacDonald ~ Alan & Shirley Chaplin |
| Monday March 30 ~ Monday of Holy Week | | |
| SJ | 8:30am | Prayer for the Sick & Suffering |
| Tuesday March 31 ~ Tuesday of Holy Week | | |
| SB | 9:00am | -----MASS CANCELLED----- |
| St. Mary's Cathedral, Kingston 10:30am ~ Chrism Mass | | |
| SJ | 4:30pm | Janice Rutherford ~ Pennett Family |
| Wednesday April 1 ~ Wednesday of Holy Week | | |
| SJ | 9:00am | Mary Seta De Francesco ~ Bernie De Francesco |
| Thursday April 2 ~ Thursday of the Lord's Supper | | |
| SJ | 7:30pm | For all Parishioners & Visitors |
| SJ | 8:30pm | Holy Adoration & Benediction |
| SHP | 7:30pm | For all Parishioners & Visitors |
| SHP | 8:30pm | Holy Adoration & Benediction |
| Friday April 3 ~ Friday of the Passion of the Lord | | |
| SJ | 8:30am | Prayer for the Sick & Suffering |
| SJ, SHP, & SB | 10:00am | Stations of the Cross |
| SJ | 3:00pm | For all Parishioners & Visitors |
| SHP | 3:00pm | For all Parishioners & Visitors |
| SB | 6:00pm | For all Parishioners & Visitors |
| Saturday April 4 ~ Holy Saturday | | |
| SJ | 8:00pm | For all Parishioners & Visitors |
| SHP | 8:00pm | For all Parishioners & Visitors |
| Sunday April 5 ~ The Resurrection of the Lord (Easter Sunday) | | |
| SJ | 9:00am | For all Parishioners & Visitors |
| SHP | 9:00am | For all Parishioners & Visitors |
| SB | 11:00am | For all Parishioners & Visitors |
| SJ | 11:00am | For all Parishioners & Visitors |

PARISH FEATURE & FOCUS †

Dear brothers and sisters, I warmly invite you to join us this Holy Week as we walk together with Christ, from the joy of this Palm Sunday, Holy Thursday, Good Friday, to the hope of the Resurrection. Let us gather as one parish family in prayer, reflection, and worship, allowing these sacred days to renew our hearts.

Palm Sunday always feels a bit like standing at a crossroads of emotions. We begin with palms in our hands, echoing the crowd that welcomed Jesus with joy. And yet, within minutes, we are listening to the Passion. The Church invites us to hold both joy and sorrow together, because that is where real love is found.

In Isaiah, we meet the Suffering Servant: "I have set my face like flint." This is not passive resignation; it is resolute love. Jesus does not stumble into suffering, He walks into it, eyes open, heart steady. In Philippians, Saint Paul takes us even deeper: Christ "emptied himself." The One who had everything chooses to become nothing, for us. This is not loss; this is love in its most radical form.

And then we hear the Passion narrative. Notice something striking: the same voices that cry "Hosanna" will soon cry "Crucify him." Human loyalty can be fragile. If we are honest, we recognize ourselves there. Our faith can be sincere, but sometimes inconsistent, strong in moments, shaky in others. Yet Jesus remains steady.

Jesus remains faithful. Even when abandoned, betrayed, and denied, He continues to give and love. At the Last Supper, right in the shadow of betrayal. Knowing what lies ahead, He offers His Body and Blood. He turns betrayal into gift, and suffering into communion. In other words, even as the world begins to reject Him, He gives Himself more completely. Every time we come to the altar, we do not simply remember Jesus, we receive the very self-giving love that carried Him to Calvary.

So, as we hold our palms today, we are making a quiet decision: not just to walk with Jesus in the procession, but to stay with Him through the Passion, and to recognize Him when He gives Himself to us in the breaking of the bread. **Because the same Jesus who entered Jerusalem, now enters our lives and our hearts.**

SACRAMENTS

Sacramental Preparation Classes!

First Communion & Reconciliation Candidates: The next class is Sunday, April 12th, and begins with the 11am mass, followed by class in the Narthex.

Confirmation Candidates:

The next class is Sunday, April 19th, and begins with the 11am mass, followed by class in the Narthex.

Baptismal Congratulations!

We welcome **Aurora & Robyn Davies** into the Catholic Church through Baptism. We congratulate their parents and commend them for their commitment to raising their children in the Catholic faith. May God abundantly bless each of them!

UPCOMING EVENTS

- † **THIS WEEKEND! Bunnies and Bears for Life:** In the Spirit of Lenten Charity, your St. Johns Life Matters Group invites you to purchase bunnies and bears and other assorted stuffies in support of Project Rachel. They will be available at all masses in the narthex this final weekend.
- † **THIS WEEKEND! Sacred Heart Parish Social Gathering:** Come on out to our Church Rectory and enjoy our Social Gathering following 9am Mass on **Sunday, March 29th**. Everyone is welcome. Come enjoy hot & cold drinks and a variety of goodies.
- † **Project Rachel Spring Retreat:** Project Rachel at the Refuge will hold a retreat for post-abortive women in late April 2026. Here you will find a beautiful, natural setting, companionship, and a welcome free of judgment or condemnation – healing is possible. Call 613-473-2679, in confidence, and see stmarysrefuge.org/rachel.
- † **Archdiocese of Kingston 200th Anniversary Pilgrimage to the Holy Land:** Join Fr. Justin and Fr. Price on a faith-filled pilgrimage to the Holy Land from October 5-15, 2026. Please see the itinerary in the church and this week's Flocknote.

Holy Week Mass Schedule

- † **THURSDAY OF THE LORD'S SUPPER, April 2nd**
 - St. John's Church – 7:30pm, followed by Adoration of the Blessed Sacrament.
 - Sacred Heart Church – 7:30pm, followed by Adoration of the Blessed Sacrament.
- † **GOOD FRIDAY, April 3rd**
 - 10:00am Stations of the Cross (St. John's, Sacred Heart, and St. Bridget's Churches)
 - St. John's Church – 3:00pm
 - Sacred Heart Church – 3:00pm
 - St. Bridget's Church – 6:00pm
- † **HOLY SATURDAY, April 4th**
 - St. John's Church – Easter Vigil, 8:00pm
 - Sacred Heart Church – Easter Vigil, 8:00pm
- † **EASTER SUNDAY, April 5th**
 - Regular Mass Times for all Churches

PRAYERS

Please remember the sick in your prayers, including Maureen Czap, Jeannette Olivier, Marjorie Facette, Edith Lepine, Doris Quinn, Claudette Timmerman, Mary Rorwick, Susan Beaudoin Watson, David Small, Barbara Morrison, Pascal Proulx, Kim Lapointe &

Camille Bozokuk. Please remember those who have recently died in your prayers, especially Muriel Chenard. Jesus, I trust in You.

In need of prayer? Connect with our strong prayer warriors, Father Charles, Father Anthony, or one of our Parish Prayer teams through the Parish Office (for St. John's Pastoral Care, CWL, or KOC Prayer group). Jesus, I trust in You.

UPCOMING MEETINGS

[St John Parish Meeting Place, 15 Church St, Perth]

| | |
|---------------------------------------------------------------------|--------------------------------------------------|
| CWL Monthly Meeting | 2 nd Monday of each Month @ 7pm |
| Monday Bible Study Group – Contact Jenny Salte for details. | Mondays @ 10am |
| Parish Council Monthly Meeting | 2 nd Tuesday of each month @ 6:30pm. |
| Life Matters Monthly Meeting | 2 nd Wednesday of each month @ 10am |
| Knights of Columbus Monthly Meeting | 2 nd Wednesday of each month @ 7pm |
| Pastoral Care Committee Meeting | TBD |
| Wednesday Bible Study Group – Contact Jenny Salte for details. | Wednesdays @ 7pm |
| St. John's Holy Face Group Monthly Meeting | Last Thursday of each month, after the noon Mass |
| Thursday Bible Study Group – Contact Evelyn Goodfellow for details. | Thursdays @ 1pm |
| Sunday Mass 11am Choir | Thursdays @ 7pm & Sundays @ 10:15am |
| St. John's Movie Club | No meeting in March |
| Life Matters Men's Group – Contact Dave Lapointe for details. | 3 rd Saturday of each month |
| Saturday Mass 5:00pm Choir | Saturdays @ 4:45pm |

Pontifical Collection for the Church in the Holy Land

The Annual Good Friday Collection is taken at the request of the Holy See. The Church and our Christian brothers and sisters count on your help to retain a faith filled Christian presence in the Holy Land. **Please give generously during your parish's Good Friday celebrations on April 3, 2026.** Thank you.

CHRISM MASS

Tuesday, March 31, 2026; 10:30am
St. Mary's Cathedral- 279 Johnson Street, Kingston.

The Chrism Mass is an Archdiocesan celebration, and all parishioners and catechumens are encouraged to attend!
Hope to see you there!

SOLEMN MASS OF THANKSGIVING

Saturday, April 18, 2026; 10:30am
St. Mary's Cathedral- 279 Johnson Street, Kingston.

The faithful are cordially invited to join in the solemn Mass of Thanksgiving to offer praise & gratitude to God for the abundant blessings bestowed on our Archdiocese over the past 200 years.



LENTEN CONFESSIONS

This Weekend! A reminder that Lenten Confessions will be held at 3:00pm on Palm Sunday, March 29th, at St. John's Church. See you there!