

Mass Schedule for St. John the Baptist Parish, St. Bridget Parish, and Sacred Heart Parish ~ March 22nd - 29th

Saturday March 21		
SJ	5:00pm	Dave White ~ <i>Mary White</i>
Sunday March 22 ~ 5 th Sunday of Lent		
SJ	9:00am	Mass for the People of the Parish
SHP	9:00am	Collins Evans ~ <i>Larry & Ann Fillmore</i>
SB	10:30am	~Stations of the Cross~
SB	11:00am	Paul McShane ~ <i>Jean McShane</i>
SJ	11:00am	Janice Rutherford ~ <i>Pennett Family</i>
Monday March 23		
SJ	8:30am	Prayer for the Sick & Suffering
Tuesday March 24		
SB	9:00am	In thanksgiving for answered prayers ~ <i>Nina Stewart</i>
SJHS	9:30am	St. John's High School Mass
SJ	4:30pm	Gerry & Genina Sherwin ~ <i>Allida Rubino</i>
Wednesday March 25 ~ The Annunciation of the Lord		
SJ	9:00am	Int. of Nick Lusito ~ <i>St. John's LifeMatters Group</i>
CCT	2:15pm	Carolina Court Mass
Thursday March 26		
SHP	9:00am	Christiane Kosynskie ~ <i>Sylvie Bozozuk</i>
SJ	12:00pm	Lee brothers & spouses: John & Marg, Ron & Marg, Mel & Marg, Ormond & Ethel, Patrick & Nelly, Murray & Beryl ~ <i>Myrna Lee-De Cou</i>
Friday March 27		
SJ	8:30am	Prayer for the Sick & Suffering
SJ	9:00am	Theresa Somerville ~ <i>Jon Paul LeBlanc & Emily McNaughton</i>
SJ	9:30am	Holy Adoration & Benediction
SJ & SHP	7:00pm	~Stations of the Cross~
Saturday March 28		
SJ	5:00pm	Mass for the People of the Parish
~ HOLY WEEK BEGINS ~		
Sunday March 29 ~ Palm Sunday of the Passion of the Lord		
SJ	9:00am	Joe & Fran Publow ~ <i>Publow Family</i>
SHP	9:00am	Alice T. Noonan ~ <i>Don & Dianne Adam</i>
SB	10:30am	~Stations of the Cross~
SB	11:00am	Paul McShane ~ <i>Jean McShane</i>
SJ	11:00am	Chris MacDonald ~ <i>Alan & Shirley Chaplin</i>



CHRISM MASS

Tuesday, March 31, 2026; 10:30am
St. Mary's Cathedral- 279 Johnson Street, Kingston.

The Chrism Mass is an Archdiocesan celebration, and all parishioners and catechumens are encouraged to attend!
Hope to see you there!

PARISH FEATURE & FOCUS

There is a striking honesty in today's Gospel: Jesus arrives late. Lazarus is already dead. Martha even says what many of us quietly feel: "Lord, if you had been here..." We know that sentence. We have prayed it in hospital rooms, in grief, in moments when God seems delayed.

Yet the heart of the Gospel is this: Jesus is not late, He is revealing something deeper. He does not simply prevent death; He conquers it. Jesus re-affirms: "I am the resurrection and the life." He did not say, I will be, but I am. Resurrection is not just an event; it is a Person standing before us. Jesus is the Resurrection!

Ezekiel's vision of dry bones speaks into every place in us that feels lifeless, relationships gone cold, faith grown tired, hope buried. And St. Paul reminds us that the Spirit who raised Jesus already dwells within us. The problem is not God's absence, but our resistance to letting Him breathe.

In many homes, especially after a long day, someone forgets to plug in the phone. By morning, it is dead, not because it is broken, but because it was not connected to a source of life. Many Christians live like that, good people, sincere, but unplugged from the living Christ.

This is why the Eucharist matters. Here, Jesus does not stand outside the tomb; Jesus enters into us. The same voice that cried, "Lazarus, come out," now whispers, "Receive me." And in receiving Him, we are reconnected to divine life.

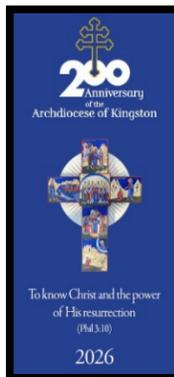
So, when we come forward to receive, do not come casually, we are not performing a ritual. We are stepping out of the tomb. We are saying: "Lord, call me again. Breathe in me again. Live in me again." So, come as one who wants to live again. Place before Him whatever feels broken and buried. And hear Jesus say, not in the past, but now, "Come out."

Jesus will make you live! Because His words are always effective: "I am the resurrection and the life."



LENTEN CONFESSIONS

St. Francis de Sales Church, Smiths Falls
-Sunday, March 22nd @ 3:30pm
St. Edward's Church, Westport -
Thursday, March 26th @ 4:30pm
St. John the Baptist Church, Perth -
Sunday, March 29th @ 3:00pm



200th Anniversary of the Archdiocese of Kingston The Jubilee Year Begins!

We began our celebrations for the 200th Anniversary Jubilee of the Archdiocese of Kingston on Monday, December 8th! Jubilee celebrations will take place throughout the year at the Parish, Deanery, and Archdiocesan levels. Keep an eye on the bulletin & Flocknote for parish and deanery events to come! Archdiocesan events can be found in the Fall edition of Journey, which can be found in your church today!

Lent 2026

We extend a heartfelt thank you to
Fr. Emeka Onyeogobalu for leading us in our 2026
Parish Lenten Mission this past week!

Stations of the Cross

Join us every Friday throughout Lent at St. John's Church & Sacred Heart Church at 7pm. Join us at St. Bridget's Church each Sunday throughout Lent at 10:30am!

Holy Adoration & Benediction

On all Friday's during Lent, please join us at St. John's Church for extended Holy Eucharistic Adoration, Divine Mercy prayers, & Benediction from 9:30am until 3pm.

Lent is the yearly celebration by the Church of its corporate conversion in Jesus Christ. During Lent, the Liturgy prepares the Catechumens to celebrate the Paschal Mystery by the various stages of Christian Initiation. It also prepares the faithful for Easter as they recall their baptism and enter into penance in preparation for the greatest Feast of the year.

Ash Wednesday and Good Friday are days of **Fast & Abstinence**. All Catholics ages 18-59 are to observe **fasting** and those 14 and older are to **abstain from meat** on those days.

Penitential Discipline: Penance is an important requirement of the Christian life. Fulfillment of this duty involves prayer, works of piety and charity, self-denial and fulfilling our obligations more faithfully. **Every Friday of the year, especially during Lent, is a penitential day.**

SACRAMENTS

Sacramental Preparation Classes!

First Communion & Reconciliation Candidates:
The next class is Sunday, **April 12th**, and begins with the 11am mass, followed by class in the Narthex.

Confirmation Candidates:
The next class is Sunday, **April 19th**, and begins with the 11am mass, followed by class in the Narthex.

UPCOMING EVENTS

✠ **THIS WEEKEND! Bunnies and Bears for Life:** In the Spirit of Lenten Charity, your St. John's Life Matters Group invites you to purchase bunnies and bears and other assorted stuffies in support of Project Rachel. They will be available at all masses in the narthex on the **weekends of March 21st & 28th.**

✠ **NEXT WEEKEND! Sacred Heart Parish Social Gathering:** Come on out to our Church Rectory and enjoy our Social Gathering following 9am Mass on **Sunday, March 29th**. Everyone is welcome. Come enjoy hot & cold drinks and a variety of goodies.

✠ **Project Rachel Spring Retreat:** Project Rachel at the Refuge will hold a retreat for post-abortive women in late April 2026. Here you will find a beautiful, natural setting, companionship, and a welcome free of judgment or condemnation – healing is possible. Call 613-473-2679, in confidence, and see

stmarysrefuge.org/rachel.
✠ **Archdiocese of Kingston 200th Anniversary Pilgrimage to the Holy Land:** Join Fr. Justin and Fr. Price on a faith-filled pilgrimage to the Holy Land from October 5-15, 2026. Please see the itinerary in the church and this week's Flocknote.

PRAYERS

Please remember the sick in your prayers, including Maureen Czap, Jeannette Olivier, Marjorie Facette, Edith Lepine, Doris Quinn, Claudette Timmerman, Mary Rowrick, Susan Beaudoin Watson, David Small, Barbara Morrison, Pascal Proulx, "Nana" Beaudoin, & Kim Lapointe. Please remember those who have recently died in your prayers, especially Muriel Chenard. Jesus, I trust in You.

In need of prayer? Connect with our strong prayer warriors, Father Charles, Father Anthony, or one of our Parish Prayer teams through the Parish Office (for St. John's Pastoral Care, CWL, or KOC Prayer group). Jesus, I trust in You.

UPCOMING MEETINGS

[St. John Parish Meeting Place, 15 Church St, Perth]

CWL Monthly Meeting	2 nd Monday of each Month @ 7pm
Monday Bible Study Group – Contact Jenny Salte for details.	Mondays @ 10am
Parish Council Monthly Meeting	2 nd Tuesday of each month @ 6:30pm.
Life Matters Monthly Meeting	2 nd Wednesday of each month @ 10am
Knights of Columbus Monthly Meeting	2 nd Wednesday of each month @ 7pm
Pastoral Care Committee Meeting	TBD
Wednesday Bible Study Group – Contact Jenny Salte for details.	Wednesdays @ 7pm
St. John's Holy Face Group Monthly Meeting ***Thursday, March 26 th	Last Thursday of each month, after the noon Mass
Thursday Bible Study Group – Contact Evelyn Goodfellow for details.	Thursdays @ 1pm
Sunday Mass 11am Choir	Thursdays @ 7pm & Sundays @ 10:15am
St. John's Movie Club	No meeting in March
Life Matters Men's Group – Contact Dave Lapointe for details.	3 rd Saturday of each month
Saturday Mass 5:00pm Choir	Saturdays @ 4:45pm

St. John's Holy Face Group - March

St. John's Holy Face Group will be holding their monthly gathering on **Thursday, March 26th**, following the noon Mass. All are welcome to join us. For more information, please call Elaine, 613-267-1023.

Pontifical Collection for the Church in the Holy Land

The Annual Good Friday Collection is taken at the request of the Holy See. The Church and our Christian brothers and sisters count on your help to retain a faith filled Christian presence in the Holy Land. **Please give generously during your parish's Good Friday celebrations on April 3, 2026.**
Thank you.